

# 10 at Work

Exploring the Ten Commandments and  
their application for today's workplace

# Talk 4

Maintaining healthy  
relationships

“You shall not  
commit adultery.”

*Exodus 20:14*

# Intimacy

Outdated?

# Protecting Marriage

# Alternative perspectives

# A covenant relationship

Freedom

**within** boundaries

# Strong cultural influences

- Consumerism
- Sexualization
- Commoditization
- Emotional intellect

# Work Culture

# Work Context

# Christian Responses

# The **example** of Jesus

The story of the woman  
caught in adultery

An **issue** of the  
heart

God's initiative

# Responding to God

1. Keep a clean mind
2. Actively respond
3. Practice affirmation
4. Take evasive action
5. Be selective in confrontation
6. Be accountable
7. Seek good maintenance

# For reflection

- How might you affirm the value of marriage and healthy relationships in your workplace?
- Would people in your workplace find you able to talk about cohabitation or homosexuality non-judgmentally?
- How might you confront an unsupportive negative practice at work in relation to marriage?
- If you are single, are there ways in which you could develop a greater holiness at work in relation to this issue?
- If you are married, how could you keep your marriage in better running order?