

SESSION 1 CORE CONTENT
**ON THE HORIZON:
 FRONTLINES**

Presenters Nell and Adnan discuss their first few years after uni. Dom teaches from Colossians 1 on Jesus' lordship over all aspects of our lives. He reflects on 'frontlines' and reminds us that God cares about and works through us in every situation.

SESSION 1 INTERVIEW
**CHRIS' STORY: WORST
 DAY AT THE OFFICE**

Chris, a financial services executive and businessman with 40 years' experience, shares how he had to shut down a business, and how he chose to do it in a godly way.

SESSION 2 CORE CONTENT
**ON THE HORIZON:
 WORK**

Nell and Adnan discuss how much time we spend working. Lindsay shows us God as a worker – and delegator – in Genesis 1 and 2, and describes how the Fall in Genesis 3 made work into (sometimes) painful toil. Adnan and Nell then explore how our role in Christ, as humans, is to be creative and restorative as we work.

SESSION 2 INTERVIEW
**DOM'S STORY: A WORK
 IN PROGRESS**

Dom, a trainee teacher, examines the pressures he and fellow graduates face – expecting everything to happen instantly, and the desire to measure themselves against others.

SESSION 3 CORE CONTENT
**ROUTED THROUGH
 CALLING**

Nell, Adnan, and others talk about what we think of when we say 'calling' and look to Lindsay as she explains that first and foremost, God calls us to himself. They discuss how that realigns their view of career and calling.

SESSION 3 INTERVIEW
**SARAH-JANE'S STORY:
 ONE CALLING**

SJ, an art teacher and new mum, talks about her varied career path and how her identity in Christ grounds her in all her work.

SESSION 4 CORE CONTENT
**ROUTED THROUGH
 CHANGE**

Nell and Adnan discuss how they feel about change. Dom points to Jesus' incarnation and life on earth as reassurance that our unchanging God experienced and understands change.

SESSION 4 INTERVIEW
**CHARLES' STORY:
 DEALING WITH
 CHANGE**

Charles, a spiritual director, discusses life changes and shares a practical spiritual discipline for facing and praying through change – express, embrace, and entrust.

SESSION 1

ROUTED INTO FRUITFULNESS / 9

Prepare for the move from university to work by recognising God's presence in and purposes for your day-to-day frontlines.

SESSION 2

ROUTED INTO WORK / 21

Connect your future job(s) with God's creative and restorative purposes in the world, whilst considering how your life is a 'work in progress'.

SESSION 3

ROUTED THROUGH CALLING / 33

Gain a self-aware, service-oriented understanding of 'calling', and begin to address practical questions around job applications.

SESSION 4

ROUTED THROUGH CHANGE / 43

Explore the key life changes connected to leaving university and starting work, and learn how to bring these changes to God.

For Six Months Later / 57

Top Tips for Life After Uni / 64

Further Reading / 65

Leader's Session 1 Guide

What this session covers

This session begins with students imagining and reflecting on key milestones in the transition period ahead. Everyone will then be encouraged to recognise God's presence and action in their everyday lives by studying the description of Jesus in Colossians 1:15-20. Finally, students will use the 6M framework to reflect, discuss, pray, and plan around God's work in the whole of life.

Session objectives

For students to:

- Understand they have frontlines
- Recognise where their frontlines are now and how they might change
- Explore what fruitfulness looks like on their frontlines

What you'll need for this session

Bibles, pens, Participant's Workbooks

6M cards (included with Participant's Workbooks)

Videos:

1. On the horizon: frontlines
2. Chris' story: worst day at the office

Access the videos at licc.org.uk/routed

SESSION 1

ROUTED INTO FRUITFULNESS

Section	Title	Mins
REFLECTION	GOD IN THE DAY-TO-DAY	10
ACTIVITY	LOOKING AT THE ROAD AHEAD	20
CORE CONTENT	ON THE HORIZON: FRONTLINES	20
DISCUSSION	THE 6MS OF FRUITFULNESS	15
INTERVIEW	CHRIS' STORY: WORST DAY AT THE OFFICE	15
PRAYER	LIFE NOW AND THE ROAD AHEAD	10

JOURNEYING ON

FRONTLINES: CONNECT THE DOTS

DO
LATER

PSALM 23 REFLECTION

God in the day-to-day

10 mins

*Read the psalm together*

The Lord is my shepherd,
I lack nothing.

He makes me lie down in green pastures,
he leads me beside quiet waters,
he refreshes my soul.

He guides me along the right paths
for his name's sake.
Even though I walk through the darkest valley,
I will fear no evil, for you are with me;
your rod and your staff,
they comfort me.

You prepare a table before me
in the presence of my enemies.
You anoint my head with oil;
my cup overflows.

Surely your goodness and love will follow me
all the days of my life,
and I will dwell in the house of the Lord forever.

Discuss

- This psalm describes various parts of David's life where God has met with him. Which ones can you see here?
- If God met with David in all these parts of his life, what might that mean for where we can meet with God in our daily lives?



LEADER'S NOTE

Before beginning, encourage the group to be still and notice God's presence.

*‘HOW CAN ANYONE
REMAIN INTERESTED
IN A RELIGION WHICH
SEEMS TO HAVE
NO CONCERN WITH NINE-
TENTHS OF THEIR LIFE?’*

DOROTHY L. SAYERS
WHY WORK (1942)

ACTIVITY

Looking at the road ahead

20 mins

What do you expect to happen in your life between now and the end of your first year after graduation?

Use the space below to write a list, make a timeline, or draw a roadmap – whatever helps you think and imagine well. Record the events, studies, celebrations, work, etc. that you expect to happen.



LEADER'S NOTE

When your group have finished with their roadmaps, ask them to write an E next to areas that feel exciting, and a W next to areas that feel worrying. Things can be both at the same time!

Discuss in groups of 2 or 3

- Which areas of your roadmap feel exciting?
Why? (mark them with an E)
- Which areas feel worrying?
Why? (mark them with a W)
- Do any areas feel exciting and worrying at the same time?
Why?

Read this prayer together

Lord Jesus, you are our Good Shepherd.

You lead us down the right paths,
even when we only see a maze.

You are the Lord of all that is past, all that is now,
and all that is to come,

The Lord of all our hopes, and all our fears.

Loving Father, every detail of our life is significant to you:

Our rest, our study, our relationships,

Our hobbies, our struggles, our dreams.

We commit to your care everything we've written here:

Everything we expect to happen as you lead us on in life,

And everything we cannot yet imagine.

Holy Spirit, lead us in our time together:

Direct our wayward hearts to focus on their Shepherd, Jesus Christ.

Open our eyes to see your creativity in the now,

And lead us into a greater vision of what's to come,

That we would be fruitful in you wherever we go,

And see your kingdom come wherever we are.

To the glory of your name may it be, O Lord.

Amen.



LEADER'S NOTE

This is an opportunity to commit 'The Road Ahead' to God in prayer. You may wish to use the prayer we've provided above, with each group member reading a line. Read the final two lines (in bold) together.

CORE CONTENT

On the horizon: frontlines

20 mins

Our frontlines are the places we normally go through the week, meeting the people we normally meet (particularly those who don't know Jesus), and doing the things we normally do.



WATCH

On the horizon: frontlines



READ

Colossians 1:15-20

KEY POINTS

Colossians 1 tells us that all of life matters to God, not just the 'holy' bits

God loves to work in and through us wherever we are on a day-to-day basis: what we call our frontlines

Jesus is Lord over everywhere we go and everything we do – and this doesn't change when your frontlines change

Discuss

- Where are your frontlines now, at uni?
- Where in your life now do you find it harder to see God at work? Why do you think that is?
- Looking at your roadmap, what new frontlines might you have in the next couple of years? (e.g. workplace, bus stop, house, gym)

DISCUSSION

The 6Ms of fruitfulness

15 mins

One of the great joys of being a Christian is realising that God chooses to work in and through us, wherever we are.

One of the harder things, however, is being able to spot it. Many of us just don't have the eyes to see how we are already being fruitful for Christ in our daily lives. So here's a framework to help you see how God is already working through you, and to inspire your imagination for how he might in the future. It's not a 'to-do list' but an encouragement; a lens through which to look at life with fresh eyes.

Ask yourself: how am I...?

M1 *Modelling godly character*

The fruit of the Spirit (Galatians 5:22-23) at work in your actions, words, and thoughts

M2 *Making good work*

Doing everything to and for the glory of God

M3 *Ministering grace and love*

Going the extra mile for others

M4 *Moulding culture*

Finding ways to make changes for the better

M5 *Being a Mouthpiece for truth and justice*

Combatting lies, snuffing out gossip, working for justice

M6 *Being a Messenger of the gospel*

Sharing the hope that you have in Jesus and the difference he makes to your life



LEADER'S NOTE

Your group may want to watch the video more than once to spot the 6Ms.

INTERVIEW

Chris' story: worst day at the office

15 mins

 WATCH
Chris' Story


Reflect on which of the 6Ms listed on the previous page you can see exhibited in Chris' story of working life.

Discuss in groups of 2 or 3

- Which of the 6Ms can you see in your life already?
- In what ways do the 6Ms help you to see other opportunities to be fruitful on your uni frontlines?
- Choose 2-3 things you marked with W on your roadmap. Can you see opportunities there for you to be fruitful in one or more of the 6Ms?

Example: When looking for a job there are opportunities to 'model godly character' during applications and interviews.

PRAYER

Life now and the road ahead

10 mins

Pray in small groups using the following pointers

- **Life Now:** Choose one of your current frontlines, and one of the 6Ms you'd like to exhibit more in that context next week.
- **The Road Ahead:** Using your roadmaps, choose something you marked with an E and something you marked with a W.

JOURNEYING ON

Frontlines: connect the dots

Optional personal study for in between sessions



READ

Colossians 1:15-20 again

- Read it a second time, bringing to mind or writing down the frontlines (and their people and situations) that make up your life's 'all things'.
- Pray for God's kingdom to come on those frontlines.
- Put your 6M card somewhere that you'll see it regularly, a desk, noticeboard, fridge door... Whenever you spot it, thank God that he is working in and through you in your daily life and ask for his help in the week ahead.

'Not only that, but all the broken and dislocated pieces of the universe — people and things, animals and atoms — get properly fixed and fit together in vibrant harmonies, all because of his death, his blood that poured down from the cross.'

COLOSSIANS 1:20, THE MESSAGE