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Workplace Group Resources

Growing as Disciples in Today's Workplace: **Christian Identity**

PARTICIPANT'S HANDOUT

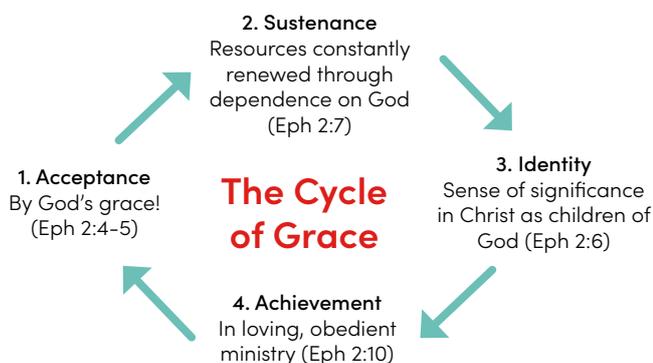
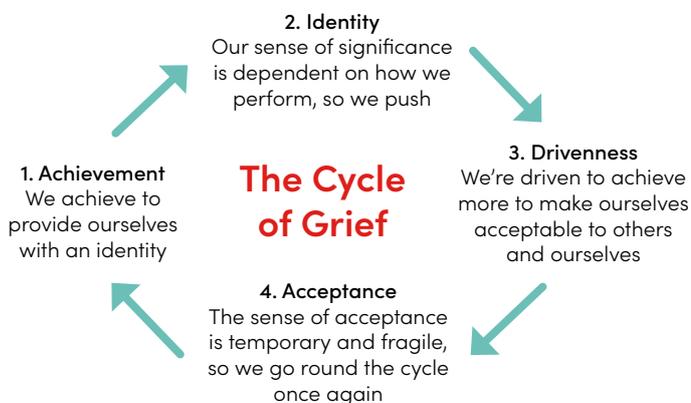
A four-session Bible study

Paul Valler

SESSION 1 Value

Questions for Discussion and Personal Reflection

- Where have you become driven by the expectations of others, or even of yourself? Where do you feel you cannot say 'no'? Why? What might you be sacrificing because of your driven-ness?
- How does it make you feel if you don't work for a while? (e.g. Tired? Relieved? Guilty? Disoriented? Desperate to get on?...). What do those feelings tell you about yourself?
- What impact on others in the workplace does your own approach to work have?
- If you were assessed to be a poor performer, or if you lost your job, how much impact would that have on your sense of self-worth? In practice, how much do you believe your personal identity and value is tied-up with your job and your performance?



A Prayer to Renounce Drivenness and Perfectionism

Lord, I renounce the lie that my self-worth is dependent upon my ability to perform. I announce the truth that my identity and sense of worth is found in who I am as your child.

I renounce seeking the approval and acceptance of other people, and I choose to believe that I am already approved and accepted in Christ because of his death and resurrection for me.

I choose to believe the truth that I have been saved, not by deeds done in righteousness, but according to your mercy. I choose to believe that I am no longer under the curse of the law because Christ became a curse for me. I receive the free gift of life in Christ and choose to abide in him. I renounce striving for perfection by living under the law.

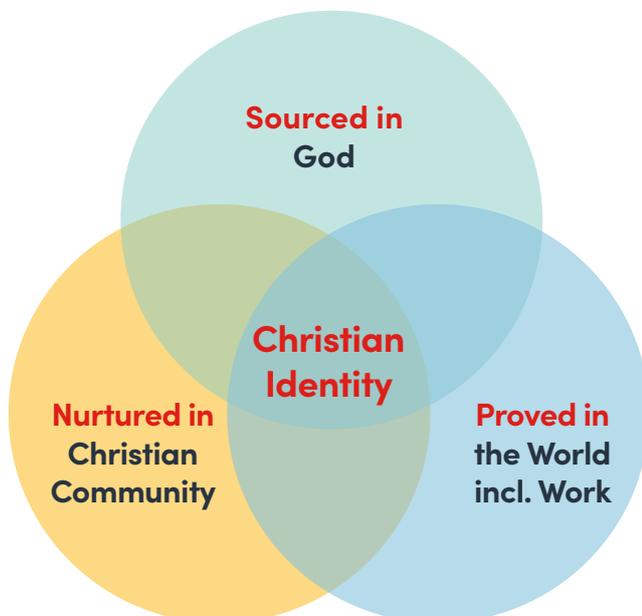
By your grace, Heavenly Father, I choose from this day forward to walk by faith in the power of your Holy Spirit, according to what you have said is true. **In Jesus' name. Amen**

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SESSION 2 **Community**

Questions for Discussion and Personal Reflection

- What are the most helpful aspects of our workplace Christian network? What is missing in it compared to a local church community?
- Where have you benefited at work from the support of another Christian? How have you helped other Christians in their workplace?
- How does the Christian community help you to be fruitful on your frontline at work? What collective impact is the Christian community in your workplace having on the wider organisation?
- If you have an issue at work on which you would appreciate Christian support and guidance, to whom in the wider body of Christ would you go to be able to share it confidentially and receive help?



SESSION 3 Authenticity

Questions for Discussion and Personal Reflection

- Can you think of a recent example of where you felt your Christian authenticity was being tested? What is your most encouraging workplace experience about being authentic as a Christian?
- Do you see being authentic about your faith as an opportunity or a threat? How safe is it to be known as a Christian in your work? How much do you wear a mask in front of your colleagues/boss/customers?
- The role of a Christian at work has been summarised as: **Modelling** godly character, **Making** good work, **Ministering** grace and love, **Moulding** culture, being a **Mouthpiece** for truth and justice, and being a **Messenger** for the gospel (the 6Ms). In which of these areas do you believe you have had most impact, and least impact?

How do I...

6Ms

- M1 Model godly character
- M2 Make good work
- M3 Minister grace & love
- M4 Mould culture
- M5 Be a Mouthpiece for truth & justice
- M6 Be a Messenger for the gospel



SESSION 4 Resilience

Questions for Discussion and Personal Reflection

- What aspect of the culture or situation where you work tends to most suppress or inhibit your living for Christ? Where at work do you feel most released and flourishing as a Christian?
- Where do you think there may be a personal boundary that you are being tempted or pressured to cross at work?
- Can you give an example of where being a Christian at work resulted in something difficult or hurtful? How have you dealt with that?
- How do you deal with the sense of guilt that comes from having crossed a personal boundary? How do you come back from failure?